CHILDREN'S CLASS FORMS

In the attached packet, you will find the following:

- 1. Children's Program Information
- 2. Application
- 3. Release
- 4. Dues Policy

Please fill out all of the required forms and submit with the required Fees & Dues.

\$100.00 Annual Registration Fee \$300.00 per Quarter (\$100.00/month x 3 Month)

All **PAYMENTS** are non-refundable.

CHILDREN'S PROGRAM

The children's program is designed for children from 7 - 11 years old; however, other children may be admitted upon skill and maturity evaluation. As students mature and learn basic skills, they may be invited to additional advanced practices within the sole discretion of Troy D. Ferguson Sensei. While regular training will certainly fluctuate throughout the year, the best progress is made when attending at least two classes each week on a consistent basis.

In the children's class, all formalities are the same as the adult class, and students are expected to follow the dojo's rules of conduct and etiquette to promote a safe and respectful dojo environment.

Ranking

Unlike the adult classes, colored belts are given as a way to provide visual encouragement for advancing. Kids start out as 7th kyu and work their way up, with the dojo's goal of having them attain at least 3rd kyu by the time they are ready to join the adult class at age 12-15.

Competition does not play any role in the examination. The test is structured on the students' demonstration of the proper Aikido spirit, proficiency in Aikido techniques, including weapons, knowledge of Japanese terminology, class attendance, the ability to follow directions and demonstration of continuously performing both right and left sides until called to stop. Ferguson Sensei decides when the children are ready to be tested and have earned the right to be tested. Testing is a privilege and an objective mechanism to gauge one's progress in Aikido.

CHILDREN'S WEAPONS PROGRAM

1. Aiki Ken (Wooden Sword)

Children will learn the seven bokken suburi, the seven basic strikes with the boken or wooden sword, migo no awase, hidari no awase and go no awase.

2. Aiki Jo (Short Staff)

Children will learn the twenty jo suburi, the twenty basic strikes with the jo or short staff and the 31 jo kata. The 20 jo suburi are as follows:

TSUKI NO BU

1. Choku Tsuki

- 2. Kaeshi Tsuki
- 3. Ushiro Tsuki
- 4. Tsuki Gedan Gaeshi Uchi
- 5. Tsuki Jodan Gaeshi

SHOMEN NO BU

- 6. Shomen Uchi Komi
- 7. Renzoku Uchi Komi
- 8. Men Uchi Gedan Gaeshi
- 9. Men Uchi Ushiro Tsuki
- 10. Gyaku Yokomen Ushiro Tsuki

KATATE NO BU

- 11. Katate Gedan Gaeshi
- 12. Toma Katate Uchi
- 13. Katate Hachi No Ji Gaeshi

HASSO GAESHI NO BU

- 14. Hasso Gaeshi Uchi
- 15. Hasso Gaeshi Tsuki
- 16. Hasso Gaeshi Ushiro Tsuki
- 17. Hasso Gaeshi Ushiro Uchi
- 18. Hasso Gaeshi Ushiro Harai

NAGARE GAESHI NO BU

- 19. Hidari Nagare Gaeshi Uchi
- 20. Hidari Nagare Gaeshi Tsuki

CHILDREN'S TESTING REQUIREMENTS AND FEES

7TH KYU (MINIMUM ATTENDANCE: 40 TRAINING DAYS)-----PURPLE BELT (\$45)

Tae No Henko

Kihon Waza and Awase

Tae No Henko

Ki No Nagare

Morote Dori

Kokyu Ho

Shomen Uchi

Ikkyo

Omote and Ura waza

Mune Tsuki

Kotegaeshi

Defense Against 2 Person Attack (Randori)

Kokyu Dosa

Forward, backward and side Ukemi

Demonstration of Punches and Kicks

Judo

First Bokken Suburi

6TH KYU (MINIMUM ATTENDANCE: 40 TRAINING DAYS)-----YELLOW BELT (\$45)

TAE NO HENKO

KIHON WAZA AND AWASE

TAE NO HENKO

KI NO NAGARE

MOROTE DORI

Кокуи Но

SHOMEN UCHI IKKYO

OMOTE AND URA WAZA

MUNE TSUKI

KOTEGAESHI

KATATE DORI

Кокүи но

JODAN TSUKI

IRIMI NAGE

KATATE DORI

SHIHO NAGE

DEFENSE AGAINST 2 PERSON ATTACK (RANDORI)

KOKYU DOSA

Forward, backward and side Ukemi

Demonstration of Punches and Kicks

1-2 Boken Suburi & 1-2 Jo Suburi

Judo/Karate/Wrestling

TESTING FEES MUST BE PAID IN ADVANCE OF TESTING AND ARE NON-REFUNDABLE

APPLICATION (Please print or type)

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MERGENCY CONTACT PERSON NAME AND TELEPHONE NUMBER:
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RELEASE OF ALL CLAIMS

Release execut	ed on the	day of			20	_, by the
undersigned individual	identified below	, in Miami-Dade	Florida,	referred	to as R	Releasor.

In consideration of being permitted to study and practice the martial art of AIKIDO and to attend and participate in the Aikido classes and seminars offered by AIKIKAI INTERNATIONAL, INC., at the A. Kolychkine Judo Foundation, Inc., located at 9664 Sunset Drive, Miami, Florida 33173, Releasor, for himself/herself and personal representatives, assigns, heirs, and next of kin, hereby releases, waives, discharges and covenants not to sue AIKIKAI INTERNATIONAL, INC., A. Kolychkine Judo Foundation, Inc., and their officers, directors, employees, members and training instructors, all referred to as Releasees, from all liability to the Releasor, his/her personal representatives, assigns, heirs and next of kin, for all loss or damage, and any claim or damage therefor, on account of injury to the person or property or resulting in death of the Releasor, whether caused by the negligence of Releasees, or otherwise, while the Releasor is studying or practicing or, for any purpose, participating in the art of AIKIDO during the above-referenced Aikido classes and seminars.

Releasor agrees to indemnify the Releasees and each of them for any loss, liability, damage or cost Releasees may incur due to the presence of Releasor in or on the area designated for the study and practice of AIKIDO at the A. Kolychkine Judo Foundation, Inc., located at 9664 Sunset Drive, Miami, Florida 33173, whether caused by the negligence of the Releasees or otherwise.

Releasor understands that his/her participation in the study and practice of AIKIDO is voluntary and at his/her own risk and expense. Releasor also understands that the practice of AIKIDO involves bodily contact and the use of weapons and has an inherent risk of injury.

Releasor hereby assumes full responsibility for any risk of bodily injury, death or property damage due to negligence of Releasees, or otherwise, while in or on the aforementioned area designated for the study and practice of AIKIDO, and/or while studying, practicing or for any purpose participating in AIKIDO.

Releasor expressly agrees that this release, waiver, and indemnity agreement is intended to be as broad and inclusive as permitted by the laws of the State of Florida and that, if any portion of the agreement is held invalid, it is agreed that the balance shall, notwithstanding continue in full legal force and effect.

Releasor, being of lawful age noted below, in consideration of being permitted to participate in the study and practice of AIKIDO, does for himself/herself, his/her heirs, executors, administrators, and assigns, hereby release and forever discharge the Releasees of and from any and every claim, demand, action or right of action, of whatsoever kind or nature, either in law or in equity arising from or by reason of any bodily injury or personal injuries known or unknown, death and/or property damage resulting or to result from any accident which may occur as a result of participation in the study and practice of AIKIDO or any activities in connection with AIKIDO whether by negligence or not.

Releasor further states that he/she has carefully read the above release and knows the contents of the release and signs this release as his own free act.

Releasor further releases the Releasees from any claim whatsoever on account of first aid, treatment or service rendered him during participation in the study and practice of AIKIDO.

This release contains the entire agreement between the parties to this agreement and the terms of this release are contractual and not a mere recital.

Signature
Signature of Parent or Guardian (Required if Releasor is Under 18

AlKIKAI INTERNATIONAL, INC. 10410 SW 119th Street Miami, Florida 33176

Dues Policy

(Effective December 31, 2015)

Aikido dojo dues are due on the 1st of the month. A late fee of \$25 will be assessed to any dues received after the 5th of the month. If paying by check or money order, you may mail your payment to the address above, but the payment must be received by the 5th of the month to avoid the late fee. Out of respect to Ferguson Sensei and the dojo, no member shall be allowed to train if he/she is in delinquent status. If your dues are late by twenty (20) days, your dojo membership will automatically terminate without further notice, and you will have to reapply to the dojo to reinstate your membership.

Dated: December 15, 2015